

How Supertough Gels Break

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Fracture of highly stretched materials challenges our view of how things break. We directly visualize rupture of tough double-network gels at >50% strain. During fracture, crack tip shapes obey a $x \sim y^{1.6}$ power law, in contrast to the parabolic profile observed in low-strain cracks. A new length scale ℓ emerges from the power law; we show that ℓ scales directly with the stored elastic energy and diverges when the crack velocity approaches the shear wave speed. Our results show that double-network gels undergo brittle fracture and provide a testing ground for large-strain fracture mechanics.

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Gels and rubbers are soft materials that are often tough to break [1–3]. Fracture in these materials typically occurs at strains exceeding 10%. In contrast, our common understanding of how things break, linear elastic fracture mechanics (LEFM) [4–7], is a *small* strain theory. LEFM predicts that under applied tension, stresses at a distance r from a crack’s tip diverge as $\sigma \sim 1/\sqrt{r}$, leading to a parabolic crack opening. Knowing the stress distribution allows one to calculate the energy flux into a crack’s tip G , which must balance the energetic cost of fracture Γ . Energy balance $G = \Gamma$ results in an equation of motion for cracks that predicts that crack velocities are limited by the Rayleigh wave speed c_R . Previous studies have shown that these predictions remain valid under moderate applied strains [8]. How fracture mechanics change for cracks propagating under large strains, where strongly nonlinear effects appear, is an unresolved question.

Tough hydrogels are a novel arena for testing theories for large strain fracture [9–12]. Hydrogels are aqueous solids that owe their rigidity to a sparse network of cross-linked polymer chains [13]. Their resemblance and compatibility with biological tissues make hydrogels natural candidates for biomedical applications [14,15]. However, the low fracture toughness of common gels [16,17] ($\Gamma \sim 10$ J/m²) is a major limit to their performance. By increasing the complexity of gel structure such limits may be pushed much further than previously thought [18,19]. In a double-network (DN) gel, following the polymerization of a first brittle network, the gel is immersed in a bath of a second monomer which is then polymerized to make a loosely cross-linked second network [20]. The fracture energies Γ of these materials are orders of magnitude higher than either of the individual networks on their own [21]. The origin of these remarkable properties lies in the ability of the material to dissipate a

large portion of the mechanical work through dissociation of sacrificial bonds in the first (stiff) network, while the second (soft) network keeps the medium intact [22].

Here we study the dynamic fracture of covalently cross-linked DN gels by directly visualizing how they fracture in real time. We observe the propagation of brittle cracks whose opening follows a ~ 1.6 power law that deviates from the parabolic shape predicted by LEFM. In analogy to LEFM, we define a length scale ℓ from the crack tip opening and show that it grows with the elastic energy stored in the sample prior to crack propagation. Hence, whereas dynamic cracks in DN gels do not strictly abide by LEFM, they bear striking similarities to cracks in brittle elastic materials.

Our experiments were conducted using DN hydrogels prepared according to the following protocol [20,22]. The first network was polymerized from a 1M solution of 2-acrylamido-2-methylpropane sulfonic acid sodium salt (NaAMPS) with 4 mol% N,N'-methylenebisacrylamide (MBAA) as the cross-linker and 1 mol% α -ketoglutaric (α -keto) acid as the initiator. The second network was polymerized from a 2M solution of acrylamide with 0.01 mol% MBAA and 0.01 mol% α -keto. The gels were prepared in a reaction cell consisting of two glass plates separated by a silicone spacer. Fully water-swollen gel sheets, of thickness $T = 1.3$ mm, were cut into a rectangular shape, of width $W = 70$ –80 mm along the x (propagation) dimension. We employed samples of both large ($L > 60$ mm) and small ($L < 31$ mm) aspect ratios in the loading (y) direction. Prior to each experiment, spray paint was applied to one face of the gel sheet to create a dense pattern for further processing by means of digital image correlation (DIC) [23]. Instantaneous displacements and strains applied to “virgin” (previously unstretched) gel samples were thus determined during both the loading

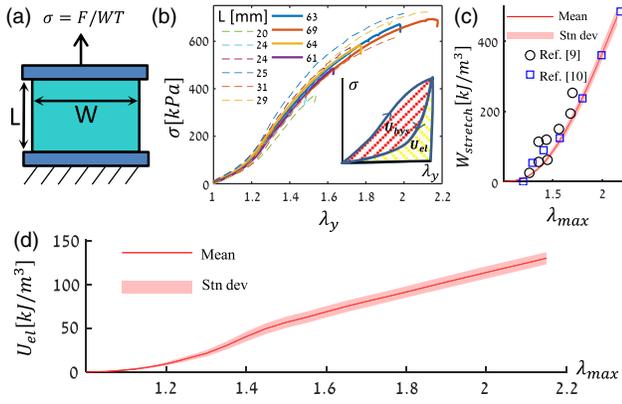


FIG. 1. (a) A $T = 1.3$ -mm-thick rectangular sheet of DN gel is uniformly loaded by two rigid grips. A load cell monitors the tension F in the sheet. (b) The nominal tensile stress versus the stretch along the y axis for uniformly loaded samples prior to fracture. Colors represent the values of L used. Inset: A schematic stress-stretch loop depicting the loading and unloading cycle. Shaded areas define the work dissipated in a cycle U_{hys} and the stored elastic energy U_{el} following the loading step. (c) The work density due to stretching W_{stretch} as a function of the maximum stretch λ_{max} . W_{stretch} was obtained by integrating the area under the average of the curves in (b). These measurements (red line) compare well with previous studies [9,10]. Red shading denotes standard deviations. (d) The stored elastic energy $U_{\text{el}} = W_{\text{stretch}} - U_{\text{hys}}$ computed from (c) using published values of U_{hys}/W [10].

cycle and the fracture experiments in this manner. The gel sheets were placed into a custom, self-tightening gripping mechanism, and loaded in tension along the y axis by a translation stage with a loading rate of 1 mm/sec, as depicted in Fig. 1(a). The applied load F was monitored at 100 Hz by an amplified load cell signal. To determine the instantaneous state of stretch, images of the gel sheet were taken at 3 frames per second during the loading.

Dynamic fracture occurs when the energy flux into the crack tip G is equal to the fracture energy Γ (the energy dissipated per unit crack length). Do DN gels behave as elastic media during dynamic fracture? To answer this question, we first determine the amount of elastic energy stored in the sample prior to fracture via the stress-stretch relation during the loading stage. Figure 1(b) presents the nominal stress $\sigma = F/TW$ as a function of the applied stretch λ_y , measured *in situ* using DIC when each sample was stretched for the first time. The stress-stretch behavior of the material is reproducible and independent of sample size, as shown for 10 samples. Figure 1(c) depicts the total work per unit volume $W_{\text{stretch}}(\lambda_{\text{max}}) = \int_1^{\lambda_{\text{max}}} \langle \sigma(\lambda_y) \rangle d\lambda_y$, computed by averaging $\sigma(\lambda_y)$ over our data and integrating the areas under the average curve $\langle \sigma(\lambda_y) \rangle$. The resulting values agree with previous studies [9,10]. During the loading stage, a significant part of the stretching work is dissipated through dissociation of sacrificial bonds [see inset of Fig. 1(b)], which we denote by U_{hys} . We estimate

the remaining elastic energy per unit volume $U_{\text{el}} = W_{\text{stretch}} - U_{\text{hys}}$, presented in Fig. 1(d), by using previously published values of the relative hysteretic loss $U_{\text{hys}}/W_{\text{stretch}}$ (50%–70% for the stretches considered here). Interestingly, in the few minutes between the cessation of loading and crack initiation, the stress in the sample relaxed by a few percent. The relaxation had no associated material displacement, resulting in hook-shaped endings of the curves in Fig. 1(b). This relaxation indicates that material damage is at least partially rate dependent [21].

Upon the cessation of loading, we used a razor blade to introduce a small notch into the edge of the prestressed sample along its centerline ($y = L/2$). At a critical notch length, rapid crack propagation immediately ensued. Crack dynamics were recorded by a 2 megapixel high-speed camera at 8000 frames per second, in a window of $x \times y = 40 \times 20$ mm (in the laboratory frame) surrounding the center of the sample with a typical resolution of $20 \mu\text{m}$ per pixel. The transparent gels were illuminated [see Fig. 2(a)] by a $2\text{-}\mu\text{sec}$ -pulsed, spatially uniform and monochromatic LED light source.

The crack tip opening displacement (CTOD) provides a window into the material properties at the extreme strains for which fracture occurs. Our real-time imaging of propagating cracks allows us to directly study the CTOD [24] and its dependence on loading conditions and crack velocities v . Extracting the CTOD from each image [Figs. 2(b) and 2(c)] reveals that cracks in DN gels deviate significantly from the LFM-predicted parabolic profile $x \sim y^2$ [5]. Instead, the crack shape follows a $x \sim y^{1.6}$ power

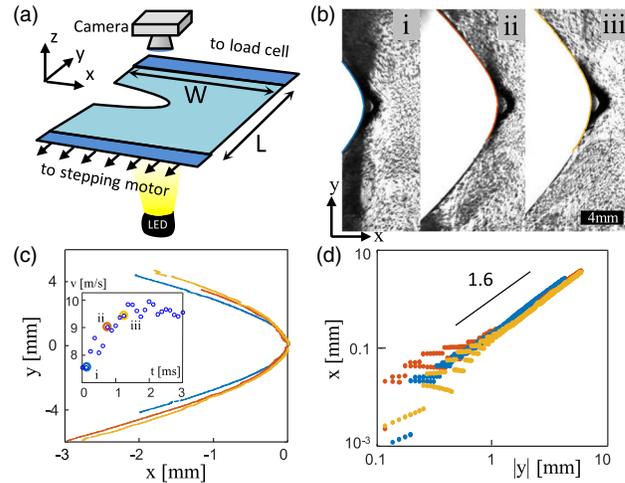


FIG. 2. (a) Virgin gel samples are first uniformly stretched. A crack is then inserted at the middle of the sample's y edge. Propagating cracks are imaged via a fast camera as shown. (b) Image sequence of an accelerating crack and (c) the CTODs extracted from each image and translated so that the crack tip is at the origin of axes. Inset: The velocity trace, where the colored symbols denote the frames (i)–(iii) in (b). (d) CTODs extracted from each image in (b) follow a ~ 1.6 power law.

law [Fig. 2(d)]. For a given velocity, we find no significant difference in the CTODs measured for accelerating cracks and cracks propagating at a steady velocity, suggesting that these cracks have no inertia [24]. Fitting the power-law function $x = ay^b$ to CTODs at steady velocities, we find that b does not depend on velocity, as shown in Figs. 2(c), 2(d), and 3; averaging over >240 CTODs yields $b = 1.64 \pm 0.08$, where the error is the standard deviation. We fix $b = 1.64$ and extract the prefactor a as a function of v (Fig. 3). a decreases approximately linearly with v , indicating a systematically increasing CTOD with v . A linear regression intersects the velocity axis at $v \simeq 15$ m/s; this would correspond to a completely open crack (zero curvature) profile.

The nontrivial power-law description of the CTOD defines a new dynamic length scale, $\ell = a^{-1/0.64}$. The measured range $0.1 < a < 0.35$ corresponds to $6 < \ell < 32$ mm. In LEFM, the length scale defined by the CTOD, the radius of curvature, is proportional to Γ/μ , where μ is the shear modulus. By analogy, we seek to determine whether ℓ is similarly related to the dissipation at the crack tip, or arises from another physical mechanism. Relating Γ to ℓ requires the determination of the high-rate shear modulus that is defined within the stretched (and damaged) state of the material.

Fortunately, it is possible to directly measure the elastic response to a perturbation *in situ*, immediately prior to fracture. At the initial stages of crack propagation, a longitudinal elastic wave is emitted from the accelerating crack tip. This wave perturbs the strain field as it propagates along the x direction, spanning the sample's breadth. Via

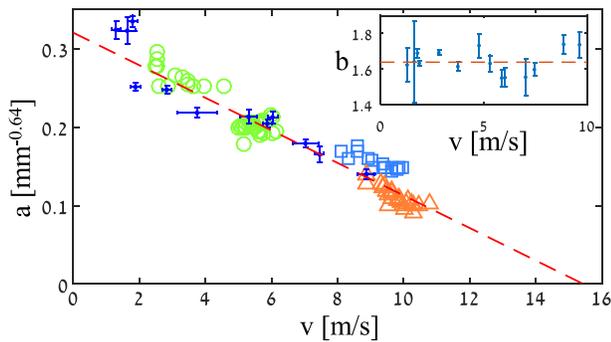


FIG. 3. The prefactor a extracted from power-law fits $x = ay^{1.64}$ over the range $|y| < 3$ mm to CTODs for steadily propagating cracks (blue points are averages over >10 images at a given v , error bars show standard deviations), accelerating cracks (green circles, blue squares, orange triangles—each set of points represents a separate experiment; each point corresponds to a single image). A linear regression over all a values intersects the v axis at $v \simeq 15$ m/s (red dashed line). Inset: Averages and standard deviations (error bars) of the exponent b when fitting CTODs of steady propagating cracks to $x = ay^b$. Each point corresponds to a single experiment. The dashed red line lies at the average $b = 1.64 \pm 0.08$ over all experiments.

DIC, we computed the instantaneous *local* strain E_{xx} . Three sequential snapshots of typical strain fields formed by a wave propagating along the x axis are presented in Fig. 4(a). Averaging $E_{xx}(x, y, t)$ along the y axis to reduce noise, we find that the pulselike disturbance propagates at a constant speed c_p^x , corresponding to the plane stress longitudinal wave velocity along the x axis in the lab frame. This measurement provides the value of c_p^x at precisely the damaged and stretched conditions for which fracture takes place. Figure 4(b) depicts the variation of c_p^x with the background stretch λ_{\max} and sample geometry L . $c_p^x \simeq 22$ m/s is nearly constant for the large aspect ratio samples, while it is slightly larger and decreases with stretch in the small aspect ratio samples.

Is the length scale ℓ related to the dissipation inherent in fracture? We examine this question by studying the CTODs of cracks at steady velocities. When dissipation is confined to a microscopic zone surrounding the crack tip, cracks consume a fixed amount of elastic energy per unit area $G = \Gamma(v)$. In a small aspect ratio sample in uniform tension, G approximately equals the constant elastic energy stored per unit crack extension, $G \approx U_{el}L$ [24], and the crack is said to be under “infinite strip” conditions. In a finite sample, the infinite strip approximation is valid $t_1 \sim L/c_s^y$ seconds after fracture initiation, where c_s^y is the shear wave speed along the y axis [25,26]. By analogy with LEFM, we construct an energetic measure $G_\ell = 2\mu\ell$ from the CTOD length scale ℓ . Here, the plane stress shear modulus is $\mu = \rho(c_p^x/2)^2$ [27,28], and $\rho \approx 1$ g/cm³ the gel density. $\mu \sim 120$ kPa calculated from c_p^x values in Fig. 4(b) agrees with the small-strain modulus of the virgin samples (see Fig. 1 in Supplemental Material [29]) [30–32].

Plotting G_ℓ at steady velocities against $U_{el}L$ we observe [Fig. 5(a)] that these energetic measures are nearly equal over a wide range of experimental conditions. A closer

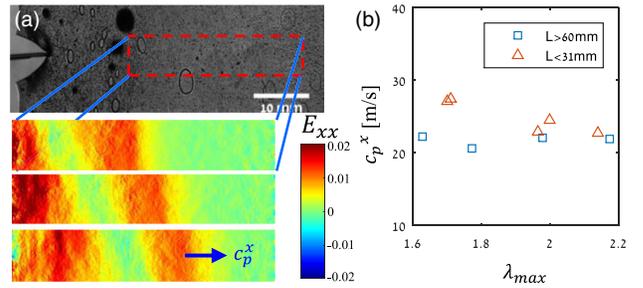


FIG. 4. *In situ* determination of the longitudinal wave velocity along the x axis c_p^x . (a) At the initiation of fracture an elastic compressive wave propagates along the x direction. DIC analysis of the region highlighted in red (top) is presented in three consecutive snapshots which yield a pulselike E_{xx} disturbance traveling at a constant velocity c_p^x (bottom panels) (the time interval between frames is 0.125 msec). (b) The variation of measured c_p^x with the background stretch for different sample geometries (symbols).

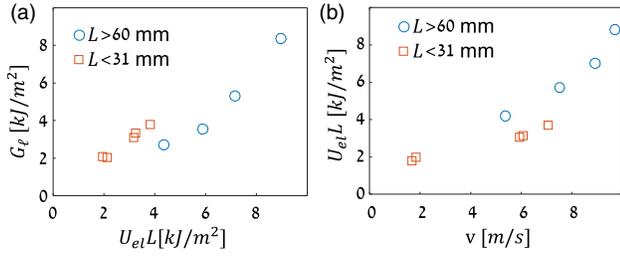


FIG. 5. Dissipation of energy in the dynamic fracture of DN gels. (a) The energetic measure, $G_\ell = \frac{1}{2}\rho c_p^2 \ell$, approximates the stored elastic energy per unit area $U_{el}L$, which is an upper bound for the energy dissipated in the fracture process. $U_{el}L$ is estimated from the quasistatic loading data in Fig. 1. (b) Growth of elastic energy dissipated in fracture with crack velocity.

examination shows that while $G_\ell \simeq U_{el}L$ for small aspect ratio samples ($L < 31$), $G_\ell \leq U_{el}L$ for aspect ratio ~ 1 ($L > 60$) samples. This difference might arise since the $L > 60$ samples are “strips” only to a first approximation; in these samples the stored elastic energy is not fully dissipated in fracture.

Brittle fracture occurs when inertia dominates dissipation, and a crack, once formed, will continuously accelerate to acoustic speeds by releasing the elastic energy stored in the surrounding material. This contrasts with ductile fracture where crack propagation instantaneously mirrors external loads. Our results show that covalently cross-linked DN gels fail via brittle fracture. As Fig. 5(a) shows, ℓ is proportional to the elastic energy released in fracture. Thus, ℓ plays a role analogous to the radius of curvature in parabolic LEFM CTODs. This correspondence indicates that the crack shape and the energy flux into the crack tip are mainly determined by elastic stresses in the material. Further support for this claim comes from Fig. 3, where the CTOD prefactor a extrapolates to zero as $v \rightarrow 15$ m/s exactly like the crack tip curvature of LEFM cracks as $v \rightarrow c_R$ [7,33,34]. For our incompressible gels, in plane stress, we estimate $c_R \sim c_p^x/2 \sim 11$ m/s [28], which is in the range of the extrapolated zero crossing of a . Hence, we see that dynamic cracks in DN gels are similarly limited by acoustic speeds.

It is surprising that DN gels undergo brittle fracture while having very high Γ . Typical values for hydrogels, $\Gamma \sim 10$ J/m², are explained by the Lake-Thomas mechanism where polymer chains bridging the crack face snap when stretched to their maximum length. Since for DN gels, $\Gamma \sim 100$ – 1000 J/m² [18] [Fig. 5(b)], there must be an additional dissipative mechanism. In quasistatic tearing experiments [21], the crack tip is surrounded by a “damage zone,” whose \sim mm size explains this substantial increase in fracture energy. The propagation of dynamic brittle cracks is only possible if dissipation is confined to a small region near the crack tip. Outside of this region, material response must be virtually elastic. To gauge whether a damage zone is present in our experiment, we measured the residual

strains adjacent to a crack face in a fractured gel. A crack with $\ell = 11$ mm and $U_{el}L \sim 4$ kJ/m² left behind a $h \sim 2$ -mm-wide wake of $\sim 10\%$ residual strains (see Fig. 2 in Supplemental Material [29]). Beyond h residual strains are negligible. Wake formation may also be evident in the highly deformed bubblelike feature immediately ahead of the crack tips in Fig. 2(b). The clear separation of length scales $\ell \gg h$ therefore explains the brittle fracture observed in our experiments.

What happens if a crack is introduced into a rectangular DN gel sheet prior to stretching? At a constant loading rate, fracture initially progresses in a ductile manner (i.e., concomitantly with the loading) [22]. Preliminary results show, however, that at a certain length, the crack becomes unstable and rapid fracture ensues. Further study is necessary to elucidate the transition between the two regimes.

Given that material deformation surrounding dynamic cracks in DN gels is mostly elastic, why do CTODs have a 1.6 power law? Nonparabolic CTODs of the form $x \sim |y|^b$ appear when the elastic energy density at large strains scales as $e(I) \sim I^n$, where I is the first strain invariant [35,36]. A simple scaling argument shows that $b = 2n/(2n - 1)$, which results in $1 < b < 2$ for $n > 1$ [29]. When $n > 1$, the material stiffness $d\sigma/d\lambda$ increases with stretch. In rubbers, stiffening is observed due to the finite extensibility of polymer chains. To test the effect of rubber stiffening with strain on the CTOD, we solved for the deformation of a nonlinearly elastic Arruda-Boyce material [37] surrounding a static crack using finite elements and observed $x \sim |y|^b$ CTODs with $b < 2$. In DN gels, nonlinear elastic response is observed when they are loaded for a second time. The stress-strain curve in a previously stretched sample becomes increasingly steeper when approaching the previous maximal λ_y . Thus, nonlinear elastic stiffening at large strains may lead to the observed nonparabolic CTODs with $b < 2$. Future work may probe how nonlinear elastic stiffening affects the CTOD exponent b by modifying the gel network structure [18,22].

While we expect that network stiffening with increasing strain will explain the power b , the CTOD should also be affected by the elastic anisotropy of the damaged gel. Our *in situ* determination of c_p^x reveals that μ is near the shear modulus of the undamaged material. It is therefore conceivable that while the first tensile loading changes the elasticity along the stretch axis drastically, it preserves the elasticity of the virgin material perpendicular to the stretch axis. This conclusion is consistent with observed anisotropic microscopic structure of damaged gels [38].

We have shown that brittle dynamic fracture ensues in prestretched DN gels at strains greater than 50%. The crack tip profiles follow a nontrivial power law that is characterized by a length that scales with the stored elastic energy divided by the shear modulus. We envision that our observations of the CTOD are closely linked to elastic properties of the gel, which are determined by complex and

often hidden internal processes within the material. These macroscopic observations therefore provide a new window into the microscopic structure of the gel network under the extreme conditions that characterize fracture. We therefore believe that these results have the potential to both significantly improve our understanding of the origin of toughness in DN gels and pave the way for future theories of large strain fracture.

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