



28 *Keywords:* Griffith criterion, Energy balance, Bistability, Fracture  
29 toughness, Faceted crack

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## 30 1. Introduction

31 The existence of cracks causes a significant decrease in the practical  
32 strengths of materials compared to theoretical values. Once propagating,  
33 cracks are the vehicle that drives material failure. Crack initiation and  
34 propagation are of crucial importance in questions ranging from the sta-  
35 bility of materials (Freund, 1998; Sun et al., 2012; Bouchbinder et al., 2014;  
36 Ducrot et al., 2014; Yang et al., 2019) to earthquake nucleation and dynam-  
37 ics (Rosakis, 2002; Svetlizky and Fineberg, 2014; Gvirtzman and Fineberg,  
38 2021). It is therefore surprising that most of our detailed theoretical knowl-  
39 edge of fracture is generally limited to ideal systems. In this paper, we take a  
40 closer look at a central tenet of fracture: energy balance of non-ideal systems.  
41 In particular, we will examine the validity of energy balance in the presence  
42 of cracks having non-trivial internal structure.

43 Important progress on the dynamics of ‘simple’ cracks has been made in  
44 two-dimensional and quasi-two-dimensional systems (Freund, 1998; Bouch-  
45 binder et al., 2014; Long et al., 2021). We refer to ‘simple cracks’ as those  
46 with no secondary structure. Simple cracks are, conceptually, simple branch  
47 cuts having a  $r^{-1/2}$  singularity, where  $r$  is the distance from the crack tip.  
48 Upon propagation, they form a clean ‘mirror’ surface in their wake. Linear  
49 elastic fracture mechanics (LEFM) provides the basis of our understanding  
50 of simple cracks (Freund, 1998). LEFM assumes linear elastic material re-  
51 sponse, except in the process zone, a small region surrounding a crack’s tip  
52 where all dissipative and nonlinear processes take place. Outside the process  
53 zone, LEFM predicts a singular stress field which is characterized by a  $K/\sqrt{r}$   
54 singularity, where  $K$  is the stress intensity factor that quantifies the ampli-  
55 tude of the stress field.  $K$ , depending on the applied loading and geometrical  
56 configuration of the crack system, determines how the crack tip will behave  
57 in the given system.

### 58 1.1. *Simple and not so simple cracks*

59 Simple cracks, however, do not necessarily possess a ‘simple’ structure.  
60 Over the past decade or so, studies have found that the classic square-root  
61 singularity at the tip of a crack may break down as the large strains near a

62 crack’s tip force the surrounding material to become nonlinearly elastic. We  
63 will still refer to cracks, however, as simple cracks so long as no instabilities  
64 develop and the crack front forms, in its wake, a trivial mirror-like surface.

65 At sufficiently high speeds, simple cracks do become unstable. The non-  
66 linear elastic region will drive oscillatory cracks that generate wavy crack  
67 paths (Bouchbinder, 2009; Chen et al., 2017; Vasudevan et al., 2021). In  
68 brittle materials, rapid cracks may also lose stability in other ways. Beyond  
69 a critical velocity of  $\sim 0.3-0.4c_R$  (where  $c_R$  is the material’s Rayleigh wave  
70 speed), mode I cracks can lose stability to micro-branches (Ravi-Chandar  
71 and Knauss, 1984a,b; Sharon and Fineberg, 1996, 1999; Katzav et al., 2007),  
72 where the simple main crack spontaneously sprouts daughter cracks; micro-  
73 scopic cracks that extend away from the main crack until arresting.

74 Recent work has shown that even very slow, nearly quasistatic simple  
75 cracks may also become unstable. A small mode III component is suffi-  
76 cient to cause simple cracks to break up into discrete segments separated  
77 by sharp propagating steps. As these cracks propagate across a crack front,  
78 they leave in their wake segmented, faceted fracture surfaces (Tanaka et al.,  
79 1998; Lazarus et al., 2008; Baumberger et al., 2008; Pham and Ravi-Chandar,  
80 2014). Phase-field modeling has shown that a planar crack can indeed be-  
81 come faceted (Pons and Karma, 2010), when  $K_{III}/K_I$  crosses a material-  
82 dependent threshold (Leblond et al., 2011). Initially planar (simple) cracks  
83 then evolve into segmented arrays that evolve from a nonlinear helical insta-  
84 bility. Once crack segmenting takes place through this mechanism, experi-  
85 ments have shown that steps will merge and the segmented fracture surfaces  
86 will coarsen in a self-similar way (Ronsin et al., 2014; Chen et al., 2015).  
87 Recent experiments in polyacrylamide hydrogels (Kolvin et al., 2018) both  
88 revealed how step topology leads to their stability and that local symmetry  
89 breaking causes the steps to propagate along the crack front. These stud-  
90 ies also revealed that steps have a complex local 3D structure. Obviously,  
91 when a simple crack develops such secondary structures, it can no longer be  
92 considered as a 1D object having a point-like singularity at its tip, but a 3D  
93 object bounded by 1D crack fronts. This internal 3D structure (Kolvin et al.,  
94 2017) significantly alters the local in-plane dynamics of the crack front.

95 In many materials, *simple* crack propagation at very low speeds seems  
96 to be unreachable. In crystalline materials (Thomson et al., 1971; Marder  
97 and Liu, 1993) the lattice trapping effect prevents a simple crack from prop-  
98 agating at very low speeds and jumps to cracks propagating at finite speeds  
99 are expected to result. Velocity jumps that preclude slow crack speeds have

100 been observed in experiments in *amorphous* materials, where lattice trapping  
101 should not play a role. Examples include rubber-like materials (Morishita  
102 et al., 2016; Kubo et al., 2021) (possibly due to a dynamic rubbery-glassy  
103 transition at slow speeds), PMMA (Fineberg et al., 1992), and soft brittle hy-  
104 drogels (Livne et al., 2005). In hydrogels such as polyacrylamide elastomers,  
105 stable simple crack propagation has never been observed at low crack speeds  
106 (Kolvin et al., 2018; Cao et al., 2018) and simple cracks are generally ob-  
107 served to jump to  $v \sim 0.2c_R$ . In polyacrylamide gels, steps may form when  
108 crack fronts are locally perturbed, but it has never been clear if a fundamen-  
109 tal reason exists for why slow simple cracks have never been observed at low  
110 crack velocities.

### 111 *1.2. Energy Balance in 2D and 3D systems*

112 A central tenet of fracture mechanics is that the motion of a crack is  
113 governed by energy balance. Griffith (1921) suggested energy balance as a  
114 criterion for a crack’s extension, where the energy flux into the crack tip,  $G$   
115 is balanced by the fracture energy  $\Gamma$ , the energy dissipated per unit crack ex-  
116 tension.  $G$ , the energy release rate, is a quadratic function of  $K$  (Irwin, 1957;  
117 Freund, 1998), and  $\Gamma$  is considered to be a characteristic material property.  
118 For brittle fracture in effectively 2D materials, the principle of small-scale  
119 yielding allows us to concentrate on the singular region surrounding the tip  
120 of a crack, so long as all dissipation is contained within a small scale en-  
121 compassed within the singular region. When rate-dependent dissipation is  
122 involved in crack propagation,  $\Gamma$  will be dependent on the crack speed,  $v$ . In  
123 this sense, energy balance is generalized to all crack speeds,  $\Gamma(v) = G(v)$ . If  
124  $\Gamma(v)$  is known and  $G(v)$  can be calculated as a function of  $v$ , one can predict  
125 the motion of the crack tip. Once the crack motion ensues, the dynamics of  
126 simple cracks are entirely described by energy balance; Goldman et al. (2010)  
127 showed that LEFM provides an excellent quantitative description of the mo-  
128 tion of a crack tip under conditions of either a semi-infinite crack propagating  
129 in an infinite medium or an infinitely long strip. Moreover, the rupture of a  
130 frictional interface (or earthquake dynamics) is described in both form and  
131 motion (Svetlizky and Fineberg, 2014; Svetlizky et al., 2017) by the classical  
132 singular solutions for mode II cracks.

133 There are several ways to calculate the  $G(v)$ . For simple cracks in lin-  
134 ear elastic materials, the measurement of crack tip opening displacement  
135 (CTOD) can be easily used to calculate  $K$  which, via LEFM, yields the  
136 value of  $G$ . In the close vicinity of the crack tip, this calculation should

137 be supplemented by corrections that account for nonlinear elasticity (Livne  
 138 et al., 2010; Bouchbinder et al., 2014). Sufficiently far from the crack tip,  
 139 the well-known  $J$ -integral (Rice, 1968; Freund, 1998) will also quantitatively  
 140 provide  $G$  by computing the instantaneous rate of energy flow towards the  
 141 crack tip (in 2D media) through a contour  $C$  surrounding the crack tip.  $J$  is  
 142 path-independent in the case of quasi-static and steady-state crack propaga-  
 143 tion. The  $J$ -integral can be extended to the case of crack propagation in 3D  
 144 materials, where the integral becomes domain-independent with  $C$  chang-  
 145 ing to a cylindrical volume around a certain part of a crack front (Eriksson,  
 146 2002). In an infinite strip geometry, the translational invariance of the crack  
 147 in the (steady-state) propagation direction can be utilized to provide a mea-  
 148 sure of  $G$  that is independent of the form of the fields and/or dissipative  
 149 processes (Goldman et al., 2010).  $G$  can also be calculated by considering  
 150 the crack as a singular defect and  $G$  as a configurational force acting on the  
 151 crack (Eshelby, 1951; Adda-Bedia et al., 1999b). Using this, Adda-Bedia  
 152 et al. (1999a) suggest a generalized energy (force) balance; balancing  $G$  and  
 153 dissipative forces during crack motion.

154 In the case of a crack front involving local 3D secondary structure, the lo-  
 155 cal application of the Griffith criterion on the crack front,  $G(v, z) = \Gamma(v(z))$ ,  
 156 where  $z$  represents a spatial point on the crack front, has been widely used  
 157 in theoretical work to predict the local front motion and stability. For exam-  
 158 ple, Ramanathan and Fisher (1997) and Morrissey and Rice (1998) studied  
 159 the interactions of dynamic crack fronts with localized perturbations to the  
 160 fracture energy using local energy balance. This work predicted a propagat-  
 161 ing mode within crack fronts, coined ‘crack front waves’, which were later  
 162 observed experimentally (Sharon et al., 2001). Leblond et al. (2019) and Va-  
 163 sudevan et al. (2020) combined the Griffith criterion and the principle of local  
 164 symmetry (Gol’dstein and Salganik, 1974), through a heuristic hypothesis of  
 165 dependence of the fracture energy on the mode mixity ratio, to study the  
 166 generation of faceted cracks under mode I + III loading. This work predicts  
 167 both a low (but finite) threshold for the formation of steps and step drift in  
 168 the presence of a mode II component.

169  $\Gamma(v)$  is considered to be a material-dependent parameter, however it has  
 170 rarely, if at all, been *directly* determined (or measured). Instead, energy bal-  
 171 ance for simple cracks is *used* to determine  $\Gamma(v)$ , since  $G(v)$  can be either  
 172 calculated or directly measured. In effectively 2D materials, experiments  
 173 have shown that different methods used to measure  $G(v)$  yielded the same  
 174 result (Goldman et al., 2010; Sharon and Fineberg, 1999; Scheibert et al.,

2010), so the  $\Gamma(v)$  that is determined in this way indeed appears to be robust. Can one, however, use (or ‘trust’) analogous measurements of  $\Gamma$  for cases where cracks are *not* simple? Whereas measurements of  $G(v)$  can be performed that are not affected by the nature of a crack front, can a characteristic and solely material-dependent value of  $\Gamma$  of a 3D crack (which is *independent* of the state of the crack front) be determined via energy balance? A related question is whether energy balance is a local condition (i.e.  $G(v, z) = \Gamma(v(z))$ ). To our knowledge, quantitative measurements of the local fracture energy showing how the local secondary structure of the crack front contributes to  $\Gamma$  have not yet been performed.

In this work, we will address a number of the issues stated above. We will study crack propagation, in polyacrylamide hydrogels, at very low crack speeds, where dynamic effects are negligible. By carefully controlling the crack initiation conditions, we will first show that simple cracks in these gels are universally stable at speeds varying from about 0 to  $0.2c_R$ . If stringent control is not exercised and slight mixed-mode I+III perturbations are applied, slow cracks will become segmented and form propagating steps along the fracture front over the same speed range. The co-existence of the single crack and the faceted crack states, therefore, reveals bistability of a crack’s state. We then utilize the simple cracks generated to measure, for the first time in these materials,  $\Gamma(v)$  at these very low crack speeds, using either the CTOD or the  $J$ -integral measurements.

When a crack front develops steps, we will demonstrate that the 3D structure of the crack front significantly increases dissipation and results in an increase of the ‘apparent’ fracture energy that we would assume, were the system entirely 2D. Not only do crack fronts form cusp-like shapes at step locations (Kolvin et al., 2018), but the dynamic behavior of the entire crack front is affected; under constant  $G$  conditions both the mean crack front speeds and lengths continuously change with the step evolution. We find that  $G$  is indeed balanced by the total fracture energy, but this only becomes clear when we correctly account for *all* of the variations in geometry and dynamics of the crack front that are induced by the steps.

## 2. Materials and Experiments

### 2.1. Properties of the polyacrylamide gels

Our fracture experiments were performed using polyacrylamide gels, which obey the neo-Hookean elastic constitutive law. The materials are homoge-

211 neous, transparent, and incompressible. Crack dynamics in these materials  
212 are representative of the broad class of materials that undergo brittle failure  
213 (Livne et al., 2010; Goldman et al., 2010; Bouchbinder et al., 2014). The  
214 near-tip fields of propagating cracks are singular and the features character-  
215 izing their dynamics (e.g. microbranches, front waves, equations of motion)  
216 are identical to those of other brittle materials (Livne et al., 2005). Hence,  
217 polyacrylamide gels have been used to verify LFEM predictions (Livne et al.,  
218 2010; Goldman et al., 2010) and to investigate the effects of nonlinear elas-  
219 ticity (Bouchbinder et al., 2014). A significant advantage of using these  
220 materials to study fracture is that they provide a means to perform direct  
221 and precise measurements of the near-tip structure of the fields driving rapid  
222 cracks, by slowing crack propagation speeds by nearly three orders of mag-  
223 nitude ( $c_R$  in these gels is, for example, 500 times below that of soda-lime  
224 glass).

225 The gels used in this work have a composition of 13.8% (w/v) acrylamide/bis-  
226 acrylamide with a 2.6% (w/v) cross-linker concentration, providing a Young’s  
227 modulus  $E = 105.6 \pm 4.2$  kPa and shear wave speed  $c_s = 5.9 \pm 0.15$  m/s.  
228 The Poisson ratio of 0.5 yields a plane stress Rayleigh wave speed,  $c_R$ , of  $5.5$   
229  $\pm 0.15$  m/s. This is the same gel composition used in much previous work on  
230 brittle fracture (Livne et al., 2005, 2010; Goldman et al., 2010). Our samples  
231 are of long-strip geometries with typical dimensions  $L_0 \times b \times w$  of  $40 \times 20 \times$   
232  $1$  mm along the crack propagation  $x$ , tensile loading  $y$ , and sample thickness  
233 directions  $z$ , respectively (see Fig. 1). A pre-crack of  $5 \pm 1$  mm along the  $x$   
234 direction is introduced at one of the edges of each sample, midway between  
235 its vertical ( $y$ ) boundaries.

## 236 2.2. Preparing the initial ‘pre-crack’

237 The form of the imposed pre-cracks significantly affects a crack’s initial  
238 propagation mode. To generate pure mode I propagation, special efforts  
239 were required to create nearly pure mode I pre-cracks, whose entire fracture  
240 plane is, as closely as possible, within a single  $xz$  plane aligned normal to the  
241 loading ( $y$ ) direction. These ‘clean’ pre-cracks were formed by forcing initial  
242 cracks to arrest while imposing external guiding of the initial crack direction.  
243 To create clean pre-cracks, we first adhered a thin layer of PDMS to one of  
244 the gel sample faces to act as a ‘guide’. This guide had the same thickness as  
245 the gel sample that was adhered to it and contained a cut with the desired  
246 extension length of the pre-crack. A shorter pre-crack along the  $x$  direction  
247 was created within the gel, by the application of a scalpel having its  $xz$  plane

248 located at the  $y$  location of the cut in the guide. The  $xz$  plane formed by the  
249 scalpel needed to be both oriented correctly and as mirror-like as possible so  
250 that a pure mode I crack could be generated after a short extension. The  
251 composite gels/PDMS sheet was then non-uniformly stretched under tension,  
252 with the maximal stretch at the position of the cut. Since the shorter pre-  
253 crack within the gel was free of adhesive constraints and the PDMS layer is  
254 much tougher than the gels, only the extension of the pre-crack within the  
255 gel sample was triggered. This pre-crack then extended until encountering  
256 the notch tip determined by the PDMS guide. Beyond this point, the PDMS  
257 layer constrained the opening displacement of the crack and, consequently,  
258 arrested the crack. The PDMS guide both determined the length of the pre-  
259 crack, and, importantly, forced it to be constrained within the desired initial  
260 plane. Once the initial crack was formed, the applied tension was reduced to  
261 zero and the PDMS layer was removed.

262 To generate faceted cracks, the PDMS guide was simply not used. This  
263 caused pre-cracks to be slightly tilted in planes *not* normal to the  $y$  direction.  
264 Any tilt produced a small local mode III component at the tip of the initial  
265 crack (Ronsin et al., 2014) that was sufficient to excite facets. We also found  
266 that mode II components that were externally imposed onto a clean initial  
267 crack face would *not* excite facets.

268 Once the pre-crack was formed, fracture was initiated in mode I by a  
269 slow and uniform displacement of the vertical boundaries until reaching the  
270 fracture threshold, whose value was dictated by the length of the pre-crack.  
271 In this way, experiments were controllably performed for a range of imposed  
272 strains. In the long strip configuration, cracks accelerate at the early stage  
273 and reach nearly steady-state propagation after communicating with the sam-  
274 ple boundaries (Goldman et al., 2010).

### 275 *2.3. Fracture experiments surrounded by air*

276 Crack motion together with the surrounding displacement fields were  
277 measured using a fast camera (IDT-Y7) having a spatial resolution of  $1920$   
278  $\times 1080$  pixels and a frame rate of  $8000$  Hz. The camera was mounted above  
279 the sample and normal to its plane and imaged an area  $10.7 \times 6$  mm<sup>2</sup> that  
280 initiated a few mm's beyond the pre-crack. The imaged area was illuminated  
281 via a collimated light beam directed normal to the sample plane from below.

282 Around the crack tip, large deformation gradients along the  $z$  direction  
283 appear within the singular region. These gradients are due to strong mate-  
284 rial contraction in  $z$ , caused by gel incompressibility, that must balance the



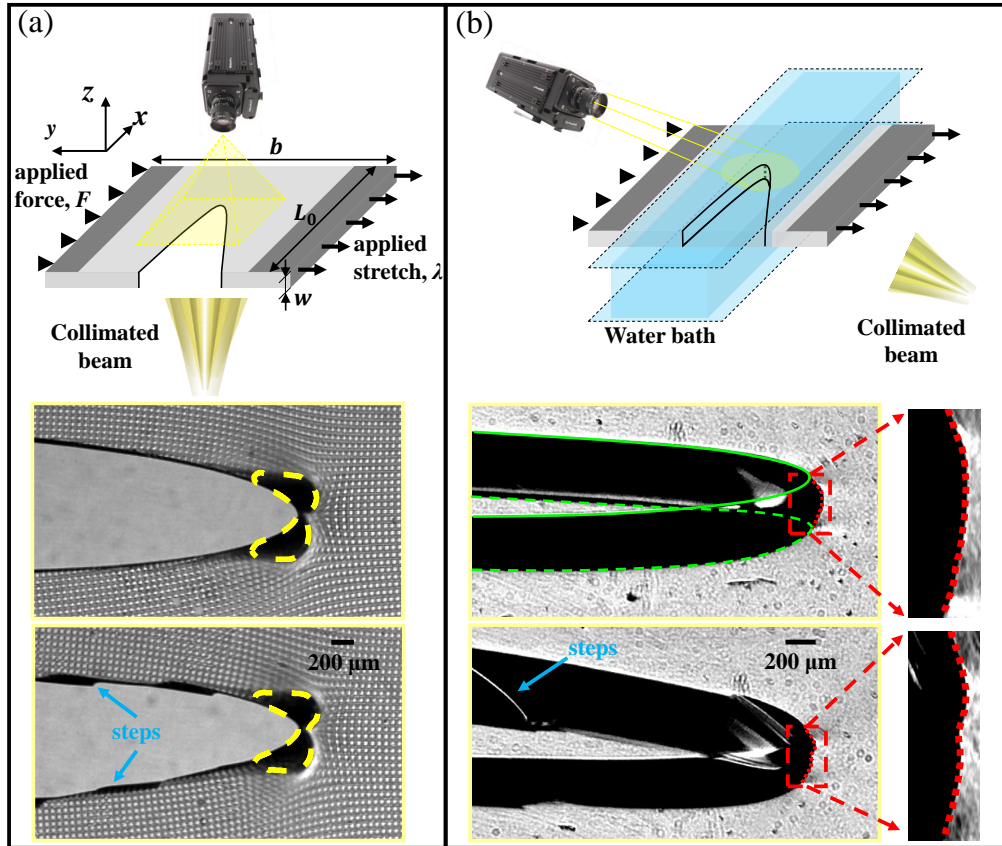


Figure 1: **Experimental setup.** Experiments were performed with transparent polyacrylamide gel sheets under quasi-static tensile loading. The gel sheets were surrounded by either air or water layers. (a), In the air, gels were illuminated via a collimated beam of incoherent light that was transmitted normal to sheet surface (from the bottom face) to produce a shadowgraph image of both the crack opening and a grid that was imprinted on one surface of the gel ( $xy$  plane). Dynamic cracks were initiated from a pre-crack located at the center of one of the sample edges. The shadowgraph images formed by the fracture process were captured with a high-speed camera mounted above the sample. Lower panels: Example of a pure mode I simple crack (top) and a faceted crack (bottom) imaged from above. Two of the steps formed on the fracture surface of the bottom image are noted. The caustics in the vicinity of the crack tip (highlighted by the yellow dashed curves) are due to a lensing effect; the high stresses near the crack tip cause the gel to contract in the  $z$  direction. (b), Some experiments were performed in a water bath to eliminate this lensing effect and the resultant caustic. The lighting and camera were mounted at  $45^\circ$  to the  $yz$  plane. This enabled the entire crack front to be visualized by shadowgraphy, together with the CTOD. Bottom panels: a simple mode I crack front is smooth (top), while the front locally forms a cusp-like shape (bottom) surrounding any steps formed. In the upper panel, the crack tip opening displacements of the upper and lower surfaces of the simple crack are highlighted by the green full and dashed lines, respectively. Both crack fronts are denoted by red dotted lines. The black sections behind the crack front correspond to the planar upper and lower fracture surfaces where the transmitted light was refracted away from the camera. Steps on the fracture surface (blue arrow) are observable due to light that is scattered into the camera by step edges.

285 large extensions in the  $xy$  plane. This strong contraction gives rise to lensing  
286 effects; light, which is strongly refracted in the near-tip singular region, does  
287 not reach the camera. This creates the caustics within the image, the black  
288 regions surrounding the tip that are highlighted by the yellow dashed curves  
289 in the bottom panels of Fig. 1a. In the past, these caustics have provided  
290 an optical tool that was utilized to study the singularities of the stress field  
291 around the crack tip (Manogg, 1964; Theocaris, 1970). Here, we used the  
292 centroid of these caustics to both determine the crack tip location and calcu-  
293 late the crack speed. This method is consistent with the use of the tip of  
294 the parabolic crack opening for the single crack and provides improved preci-  
295 sion for crack speed measurements of faceted cracks, as the caustic centroid  
296 provides the instantaneous mean position of the crack front in  $z$ . In the fol-  
297 lowing sections, as we will be describing crack fronts, to avoid confusion we  
298 define  $v$  as the mean crack front speed in  $z$  and  $v(z)$  as the normal velocity  
299 to the crack front at each spatial location,  $z$ .

300 We measure the displacement field around the crack by imprinting on  
301 one surface of the gel sample (see Boué et al. (2015)), a shallow square grid  
302 (depth  $2\ \mu\text{m}$ ) having a lattice spacing of  $60\ \mu\text{m}$ . This was accomplished as  
303 follows. We cast the gels in a mold formed by two glass plates separated  
304 by a (typically 1mm) spacer. On the  $xy$  surface of one of these plates, we  
305 embossed a rectangular grid formed by lithographical printing of a spin-  
306 coated epoxy layer. Upon casting, this grid mesh was imprinted on one gel  
307 surface. When a crack propagated across the measurement area, each frame  
308 of the camera captured the instantaneous image (through shadowgraphy) of  
309 the distorted grid. The location of each grid point in the deformed field was  
310 determined by its center with a resolution of  $\sim 1\ \mu\text{m}$ . The deformation field  
311 surrounding the crack was obtained by comparing the position of the grid  
312 points in the deformed frame to their position in the reference (deformation-  
313 free) frame. Examples of propagating simple and faceted cracks with their  
314 respective deformed grid patterns are presented in Fig. 1a.

#### 315 *2.4. Fracture experiments surrounded by water*

316 To follow the crack front dynamics along the thickness ( $z$ ) direction, while,  
317 in parallel, measuring the mean location of the crack front in the  $xy$  plane,  
318 we developed a slightly different optical technique. To this end, we needed  
319 to both remove the caustics as well as enable optical access to the crack front  
320 during propagation. Gel samples without grids were used. The transparency  
321 of the gels provided the possibility to observe the whole crack front, when

322 oblique imaging is used. When the samples are bounded by air, however,  
323 the crack front is hidden by the caustics formed in the vicinity of the crack  
324 front. Since the gels consist of cross-linked polymers immersed in water, their  
325 measured refractive index (1.365) is nearly perfectly matched to that of the  
326 water (1.333). Hence, as illustrated in Fig. 1b, we were able to eliminate  
327 the appearance of caustics during fracture experiments by surrounding the  
328 sample with a water bath. We note that variations of the fracture energy  
329 due to the surface tension (72.8mN/m) of the surrounding water are  $< 1\%$   
330 and therefore negligible.

331 The crack front motion was measured by the fast camera using highly  
332 magnified images (a field of  $6.1 \times 3.5 \text{ mm}^2$  was mapped to the camera's  
333  $1920 \times 1080$  pixel resolution) with a frame rate of 7000 Hz. As presented in  
334 Fig. 1b, the dynamics of the whole crack front could be captured by mounting  
335 both the camera and collimated beam at an angle of  $45^\circ$  relative to the  $xy$   
336 plane.

337 Fig. 1b presents snapshots of both a single crack and a faceted crack  
338 developing steps. The CTOD of the top and bottom surfaces of the single  
339 crack are highlighted by the green full and dashed lines, respectively. As  
340 the light passing through the crack opening surface is refracted away from  
341 the camera, shadowgraphy could be used to image the crack front. Owing  
342 to the small mismatch of the refractive index between the gels and water,  
343 slight caustics can be observed at the two extremes of the crack front. These  
344 permit us to easily determine the crack front boundaries (see edges of dotted  
345 lines in the bottom panels of 1b). Both the local crack front velocity and  
346 the mean crack front speed could be determined by using the instantaneous  
347 crack front shapes and positions.

348 When a crack forms steps, their characteristic cusp-like shapes within the  
349 crack front can be observed, as reported by Kolvin et al. (2018). In addition,  
350 in each frame, we are able to observe the step edge left behind the front, as  
351 highlighted in Fig. 1b (bottom inset). This is possible because some of the  
352 transmitted light is scattered by the step edge into the camera. To charac-  
353 terize the topography of the steps, immediately following experiments where  
354 a faceted crack was formed, we created a cast of the fracture surface using  
355 polyvinyl siloxane. These casts are able to reproduce the surface topography  
356 at microscopic levels. We then measured the fracture surface casts using  
357 an optical profilometer with an in-plane resolution of  $2 \mu\text{m}$  and out-of-plane  
358 resolution of  $\sim 0.1 \mu\text{m}$ .

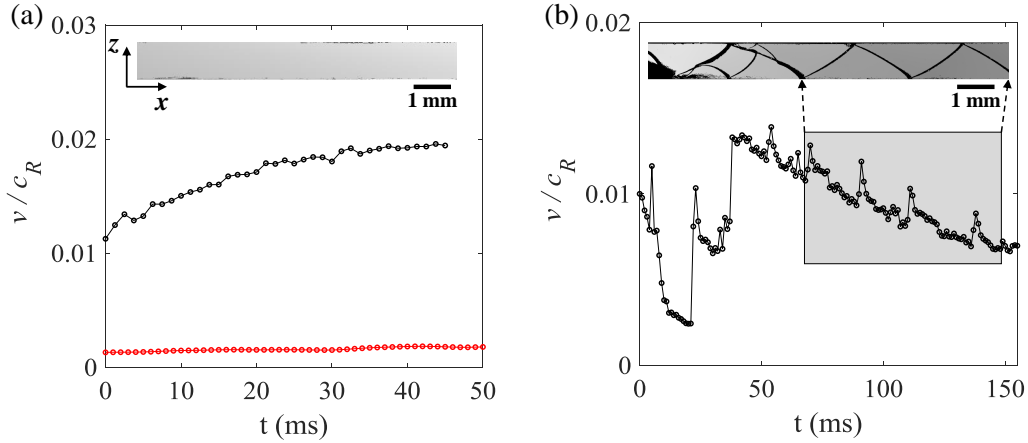


Figure 2: **Bistability of slow cracks.** Typical crack speeds as a function of time for simple (a) and faceted (b) cracks. (a), A simple crack, triggered from a clean pre-crack located along the  $xz$  plane under pure mode I loading conditions, generates a mirror-like fracture surface (inset). Presented are the dynamics of two typical simple cracks that were driven by imposed stretches of 1.07 (black line) and 1.063 (red line). The former (black line) slowly accelerated before reaching steady-state propagation of  $v=10.9$  mm/s  $= 0.02c_R$ . In the latter experiment (red line) the crack propagated at a speed of  $v \sim 1.0$  mm/s  $= 0.002c_R$ . (b), A faceted crack was triggered via a pre-crack that was slightly tilted away from the  $xz$  plane, and propagated under applied tensile loading condition with an imposed stretch of 1.068. The tilted pre-crack generated a mixed-mode (I+III) initial condition near its tip. This experiment formed a faceted fracture surface (inset). In contrast to the smooth dynamics of the simple cracks in (a), the mean (in  $z$ ) crack front dynamics were erratic, reflecting the complex dynamics of the initial steps and, later, of a single step (shaded region) that propagated within the crack front.

### 359 3. Results

#### 360 3.1. Bistability of simple and faceted cracks

361 In these materials, ‘simple’ mirror-like cracks in mode I have never, to our  
 362 knowledge, been observed for low velocities. As explained in Section 2.2, we  
 363 were able to achieve simple crack states for low velocities from 0- $0.2c_R$  by very  
 364 carefully setting the initial conditions of the pre-crack prior to application of  
 365 stresses. Fig. 2a presents an example of the crack speed,  $v$ , as a function of  
 366 time for two typical simple cracks, that propagated at steady-state velocities  
 367 of  $v = 0.002c_R$  and  $0.02c_R$ . Stable simple crack propagation generates a  
 368 mirror-like fracture surface, as shown in the inset of Fig. 2a. We find that,  
 369 once simple cracks are excited, they remain ‘simple’ for any velocity up until

370 the formation of micro-branches. This implies that pure mode I cracks in  
371 gels can exist at any slow crack speed.

372 Faceted crack propagation at a very low speed was achieved by initiating  
373 fracture with slightly tilted pre-cracks, which generated mixed-mode I + III  
374 initial conditions. Fig. 2b presents an example of crack dynamics during the  
375 propagation of a faceted crack. The crack speed is highly fluctuating and  
376 the fluctuations are correlated with the presence of crack segmentation. The  
377 segmentation of the fracture surface is the result of step formation within the  
378 crack front. The crack develops out-of-plane steps, which propagate along  
379 the crack front at an angle of about  $43^\circ$  relative to the local front normal,  
380 as reported by Kolvin et al. (2018). The traces of traveling steps form step-  
381 lines on the fracture surface. In general, a crack will develop multiple steps  
382 immediately after initiation, when subjected to mixed mode I+III perturba-  
383 tions. As noted previously (Ronsin et al., 2014; Pham and Ravi-Chandar,  
384 2017, 2016), initial steps have complex behavior (as seen in, e.g., Fig. 2b).  
385 Steps may separate, coarsen and/or disappear upon interaction. When steps  
386 encounter a free surface, they are often reflected; steps approaching a free  
387 surface will change direction and propagate to the other free boundary. Such  
388 repeated step reflection creates a periodic step-line on the fracture surface  
389 (Fig. 2b). In parallel, the mean crack speed along the sample width ( $z$ )  
390 oscillates in phase with step reflections (see the shaded region of Fig. 2b).

391 Fig. 2 also demonstrates crack *bistability* at low speeds. Both simple  
392 and faceted cracks propagate within the same range of velocities and applied  
393 loads. When initiated by mixed mode initial states, faceted crack states  
394 may appear from speeds of nearly zero. Faceted crack states will generally  
395 disappear when crack speeds increase to sufficiently high values. Without  
396 taking special care in forming pre-cracks, mirror-like cracks will often appear  
397 when a crack jumps to  $0.1 - 0.2c_R$  upon initiation. Empirically, cracks in  
398 polyacrylamide gels appear to be immune to the precise nature of the initial  
399 pre-crack when they jump to this velocity range (Livne et al., 2005; Goldman  
400 et al., 2010). Faceted cracks could also transition directly to micro-branches  
401 (Kolvin et al., 2017) in this velocity range. At much higher velocities ( $0.2 -$   
402  $0.95c_R$ ) (Livne et al., 2005) bistability between simple cracks and micro-  
403 branches may also take place, but faceted cracks are not observed.

### 404 3.2. Simple cracks: energy flux and fracture toughness

405 Let us first focus on the simple crack state. Crack propagation is under-  
406 stood to be governed by energy balance. The crack speed,  $v$ , is governed by

407 balancing the energy release rate,  $G$ , into the crack front with the fracture  
 408 energy  $\Gamma(v)$ , which characterizes the velocity-dependent energy dissipation  
 409 of the crack. The energy consumption within the dissipative zone (per sam-  
 410 ple thickness) can be evaluated in a number of ways. Owing to the nearly  
 411 steady-state crack propagation at the very low speeds, we compute the en-  
 412 ergy flux into any closed contour,  $C$ , surrounding the crack tip using the  
 413  $J$ -integral (Rice et al., 1968):

$$J = \int_C \left[ U(\mathbf{F})n_x - \sigma_{ij}n_j \frac{\partial u_i}{\partial x} \right] dC, \quad (1)$$

414 where  $U(\mathbf{F})$  is the strain energy density,  $n_i$  stands for the components of  
 415 outer normal vector of  $C$ ,  $u_i$  and  $\sigma_{ij}$  are the 2D displacement and stress field  
 416 components. In our experiments, the gels were deformed under, effectively,  
 417 plane stress conditions. This yields a neo-Hookean strain energy density,  
 418  $U(\mathbf{F}) = \frac{\mu}{2}[tr(\mathbf{F}^T\mathbf{F}) + (det\mathbf{F})^{-2} - 3]$ , where  $\mathbf{F}$  is the 2D deformation gradient  
 419 tensor,  $F_{ij} = \delta_{ij} + \partial u_i/\partial x_j$ . The calculation of  $J$  is path-independent so  
 420 long as the contour encircles the entire dissipative region. This condition  
 421 also ensures  $G \equiv J$ , that is the energy release rate  $G$ , a local quantity of the  
 422 crack front, is given by the  $J$ -integral, a far field quantity.

423 Using the displacement field measured with the grid mesh,  $G$  could be  
 424 computed by means of Eq. (1). An example of the calculation of  $G$  (through  
 425 different contours surrounding the crack tip) for a simple crack propagating  
 426 at  $v = 0.002c_R$  is presented in Fig. 3a.  $G$  is, indeed, seen to be path-  
 427 independent, even though the smallest enclosed area is below a few hundred  
 428  $\mu\text{m}^2$ . This is consistent with Livne et al. (2010), who showed the dissipative  
 429 scale to be within  $\sim 20 \mu\text{m}$ . It's worth noting that, as the  $J$ -integral is  
 430 measured along the free surface, it represents the energy flux per unit sample  
 431 thickness. The path-independence of  $J$  reveals that there are no noticeable  
 432 3D effects and no plastic or extra dissipative effects at the smallest measured  
 433 scale.

434 We can use the crack tip opening displacement (CTOD) to validate our  
 435 measurements of  $G$ . LEFM predicts that the opening displacement of a  
 436 mode I crack tip can be described by a parabolic shape, for scales beyond  
 437 the nonlinear elastic region adjacent to the crack tip (Livne et al., 2010). An  
 438 example is presented in the Fig. 3a, where the excellent parabolic fit of the  
 439 CTOD implies that, at these very low velocities, the size of the nonlinear  
 440 region is below  $\sim 30 \mu\text{m}$ . LEFM relates the curvature  $a$  of the mode I crack

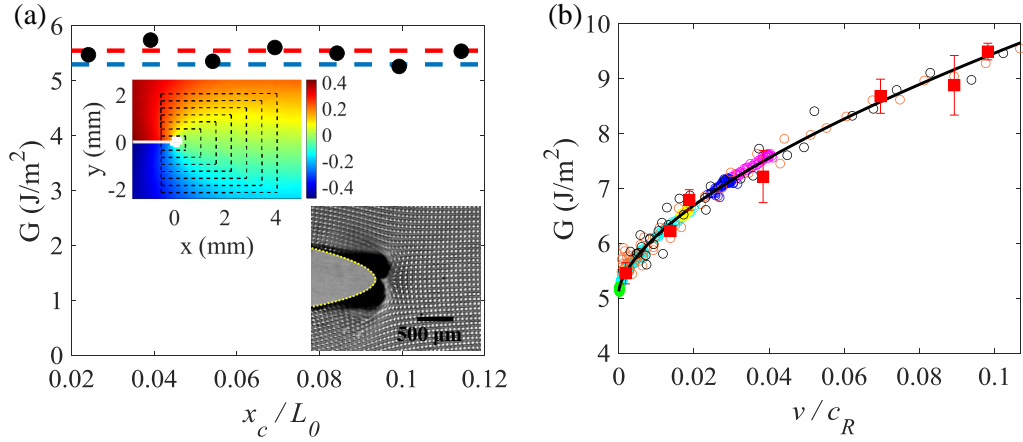


Figure 3: **Measurements of the energy flux of simple crack states.** (a), Calculation of the energy flux  $G$  for a simple crack propagating at a speed of  $1.0 \text{ mm/s} = 0.002c_R$ . This sample was loaded under mode I conditions, with an imposed stretch of 1.063.  $G$ , is computed using both the  $J$ -integral over different contours (black dashed lines in upper inset) and the CTOD (yellow dashed line in lower inset). Here, the  $x$  axis is the spatial extension of each contour  $C$  in the upper inset along the crack propagation direction normalized by  $L_0$  (the color map corresponds to  $u_{yy}$ ), while the black dots represent the value of  $G$  calculated via the  $J$ -integral for each contour. The red dashed line is the value of  $G$  calculated using the CTOD presented in the lower inset. Both measurements are within 4% of the value of  $5.28 \text{ J/m}^2$  that corresponds to the total work measured directly from the force-displacement loading curve (blue dashed line). (b)  $G$  as a function of the crack speed,  $v$ , for multiple experiments.  $G$  calculated using CTOD (circles) and  $J$ -integral (squares) are in perfect agreement. Colors correspond to different experiments. The solid line is a guide to the eye and corresponds to a spline fitting of the data.

441 tip to the stress intensity factor  $K_I$  through

$$a = \frac{32\pi\mu^2(1 + T/3\mu)}{[K_I\Omega_y(\theta = \pi; v)]^2}, \quad (2)$$

442 where the moving coordinates  $(r, \theta)$  are centered at the crack tip ( $\theta = 0$  is  
 443 the crack propagation direction), and  $\Omega_y(\theta; v)$  is a universal function of  $\theta$   
 444 and  $v$  (Freund, 1998).  $T$  in Eq. (2) is the ‘ $T$  stress’, which was calculated  
 445 for the strip configuration by Katzav et al. (2007). In Eq. (2) we ignored the  
 446 background strain dependence of the CTOD, which gives a correction within  
 447 5% for the low crack speeds in these experiments (Boué et al., 2015). Using  
 448 the measured  $a$ , Eq. (2) provides  $K_I$ . For plane stress conditions,  $G$  is then  
 449 given by:

$$G(v) = \frac{1}{E}A(v)K_I^2(v), \quad (3)$$

450 where  $A(v)$  is a known universal function of  $v$  satisfying  $A(0) = 1$  (Freund,  
 451 1998). Since the CTOD is obtained from the average projection of  
 452 the crack opening through the sample thickness, the measured  $G$  also corre-  
 453 sponds to the effective 2D energy flux. The value of  $G$  derived from Eq. 3  
 454 (red dashed line in Fig. 3a) indeed agrees well with the independent mea-  
 455 surements using the  $J$ -integral. The value of  $G$  is further validated using the  
 456 force-displacement loading curve (see blue dashed line in Fig. 3a) through,  
 457  $G = \int_1^{\lambda_{max}} \sigma(\lambda)d\lambda \cdot b$ , where  $\sigma$  is the nominal applied stress given by  $F/wL$ .  
 458 Measurements of  $G$ , using both the  $J$ -integral and CTOD, for different cracks  
 459 with the crack speed varying from about 0 to  $0.1c_R$  are shown in Fig. 3b.

460 Fig. 4a presents measurements of a typical simple crack front propagating  
 461 at a steady-state velocity of  $v = 0.018c_R$ , as determined by the mean front  
 462 position in  $z$ . The corresponding sequence of instantaneous crack fronts  
 463 shows that simple crack fronts possess invariant shapes whose lengths  $l$  are  
 464 constant. We note that i), due to the incompressibility of the materials,  
 465 the sample widths in the deformed (lab) frame,  $w$ , contract (via Poisson  
 466 contraction) in the  $z$  dimension. ii), Crack fronts of simple cracks are not  
 467 straight, but curved. This curvature typically increases the total front length  
 468 by about 5.5%. Since the variation of the imposed stretches,  $\lambda$ , is small, crack  
 469 front lengths in our experiments are nearly constant at about  $0.945 \pm 0.03$   
 470 mm (inset of Fig. 4b) over the range of measured  $v$ . Over this range, both  $l$   
 471 and simple crack front shapes are invariant. The curved crack front coupled  
 472 with the sample width contraction implies that the measurements of  $G(v)$



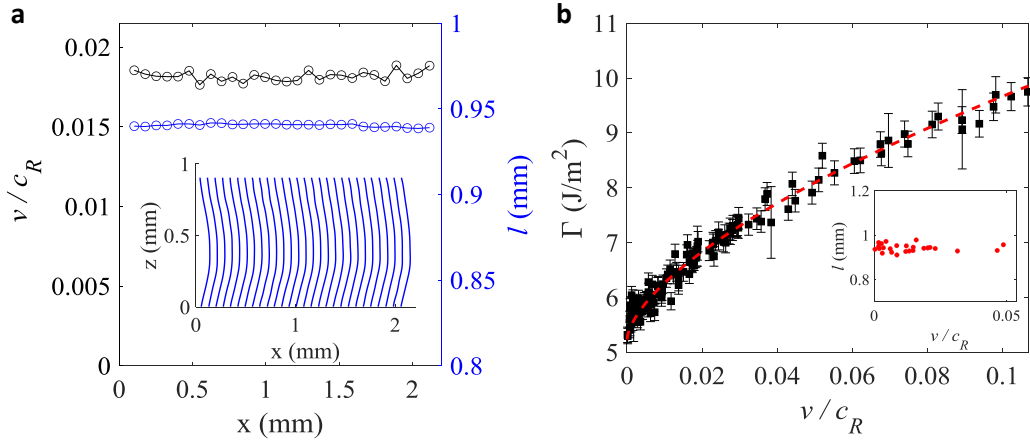


Figure 4: **Dependence of the fracture energy on the crack speed.** (a), Crack speed (black symbols) and crack front length (blue symbols) as a function of a crack's position along the  $x$  direction of a typical simple crack. Inset: Successive crack front shapes at different positions separated by time intervals of 0.714 ms. Note that, due to Poisson contraction, the measured sample thickness,  $w$ , is below the zero strain sample width of 1 mm. The crack front curvature typically increases the crack front length,  $l$ , relative to a nominally straight crack front, by about 5.5%. (b), Measured fracture energy  $\Gamma(v)$  as a function of the crack speed,  $v$ . The fracture energy  $\Gamma = G \cdot w/l$  differs from the bold line in Fig. 3b as it takes into account the crack front curvature. The uncertainty in  $\Gamma$  is due to the uncertainty in  $l$ . The red dashed line corresponds to a spline fitting of the data and is a guide to the eye. Inset: Crack front lengths  $l$  of simple cracks with  $v$  for imposed stretches between  $1.06 < \lambda < 1.09$ .

473 (as shown in Fig. 3b) do not provide  $\Gamma(v)$  unless the crack front length is  
 474 properly accounted for.  $\Gamma(v)$  and  $G$  are related via the total energy balance  
 475 of the integral crack:

$$\int_w G(v, z) dz = \int_l \Gamma(v(z)) dz , \quad (4)$$

476 where  $G(v, z)$  is the energy flux into the crack front per unit sample thickness  
 477 measured using Eq. (1) with  $C$  far from the crack. Since, far from the crack,  
 478  $G(v)$  is independent of  $z$  and the invariance of the front shape implies that  
 479 the local crack speed,  $v(z)$  equals the mean crack front speed  $v$ , Eq. (4) can  
 480 be written as:

$$G(v)w = \Gamma(v) \int_l dz . \quad (5)$$

481 Using the measured values of  $l$ , we derive  $\Gamma(v)$  using our measurements of  
 482  $G(v)$  (Fig. 3b) and the correction factor  $w/l$  as input. In contrast to the  
 483 fracture energy of glass (Sharon and Fineberg, 1999), where  $\Gamma(v)$  only weakly  
 484 varies with  $v$ , Fig. 4b shows that  $\Gamma(v)$  in gels is a strongly rate-dependent  
 485 function at low speeds. In the extreme low-speed range ( $0 < v < 0.1c_R$ ),  $\Gamma(v)$   
 486 is a significantly stronger function of  $v$  than for  $0.1 < v < c_R$  (Livne et al.,  
 487 2010; Boué et al., 2015). Since no crack front structure is observed, we suspect  
 488 that the rapid increase of  $\Gamma(v)$  with  $v$  is related to some (as yet, unclear)  
 489 nonlinear dissipation mechanism involved in breaking the polymer chains  
 490 that bind the gels. It is interesting that a similarly rapid increase in  $\Gamma$  with  
 491  $v$  has also been observed in other polymers for low fracture velocities, such  
 492 as PMMA (Scheibert et al., 2010) and multimaterial 3D-printed polymers  
 493 (Albertini et al., 2021).

### 494 3.3. Energy flux and the dynamics of faceted cracks

495 Let us now consider faceted cracks (Fig. 2b), which are initiated via tilted  
 496 pre-cracks (see Section. 2.2) that generate local mixed mode I+III conditions.  
 497 The propagating steps along the crack front that form the facets locally  
 498 increase the crack front length, thereby leading to increased local dissipation.  
 499 Kolvin et al. (2018) analyzed the in-plane dynamics of steps and showed  
 500 that the local fracture energy increase caused by steps induces geometric  
 501 curvature within an, otherwise, approximately straight crack front. Induced  
 502 front curvature resulting from a spatially implanted step in fracture energy  
 503 has also been observed in static cracks (Chopin et al., 2011). Both can

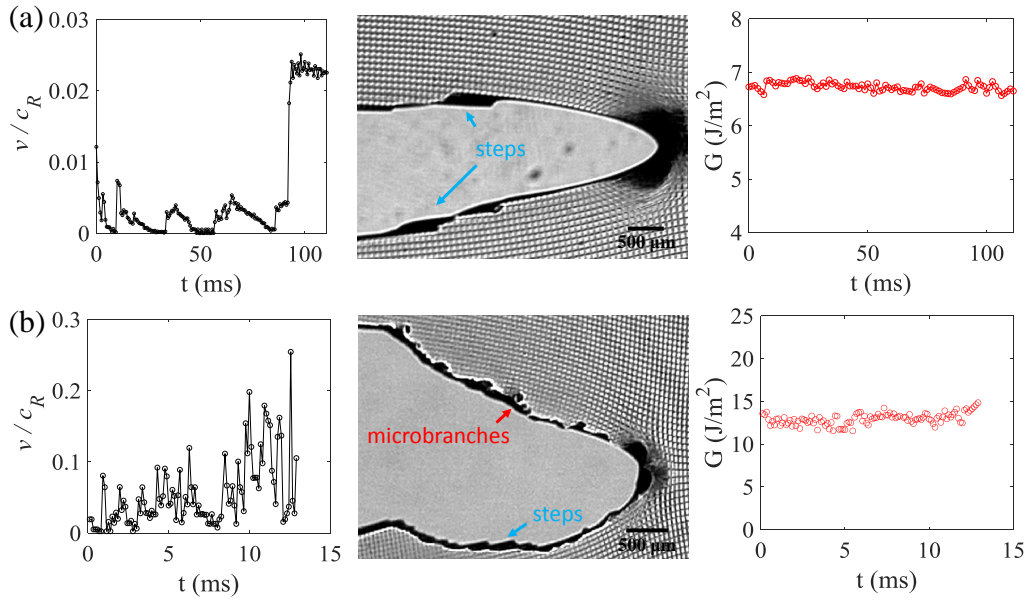


Figure 5: **The energy flux  $G$  and dynamics of faceted cracks.** Two examples of faceted crack dynamics, each with a constant value of  $G$ . Applied uniaxial stretches, (a)  $\lambda = 1.07$  and (b)  $\lambda = 1.1$ . (a)  $v(t)$  of a faceted crack that develops steps upon initiation and undergoes apparent stick-propagate motion before transitioning, at  $t = 92ms$ , to a simple crack and (b) a faceted crack that transitioned to a micro-branching state, at higher applied strains. Center panels: Snapshots of these cracks in the  $xy$  plane for (a)  $t = 105ms$  and (b)  $t = 12ms$ . Typical steps and micro-branches that were generated upon the death of the steps are highlighted. Right panels:  $G$ , measured via Eq. (1), is constant throughout the cracks' propagation in both examples.

504 be described well by LEFM. We now show that step dynamics change not  
 505 only the local behavior of the crack front, but the dynamics of the entire  
 506 crack front. One such example was presented in Fig. 2b; even a single step  
 507 propagating through the crack front gives rise to apparently unstable front  
 508 propagation.

509 We first consider the energy flux into faceted crack fronts during non-  
 510 steady front dynamics. Fig. 5 presents two measurements of faceted cracks  
 511 propagating under different stretch levels. In Fig. 5a a faceted crack (stretch  
 512 of  $\lambda = 1.07$ ) undergoes nearly ‘stick-propagate’ motion (although  $v$ , though  
 513 very small is always finite). Here, a single step, which is reflected by each free  
 514 surface ( $z = 0, w$ ), moves within the crack front. At  $t = 92ms$  the step disap-  
 515 peared and the front became a simple crack. Upon the step’s disappearance,  
 516 the front’s propagation velocity instantaneously jumped by a factor of over 5  
 517 and continued to propagate as a simple crack in steady state motion. As in  
 518 Fig. 3a, we use the  $J$ -integral to obtain  $G$  throughout this unsteady motion.  
 519 As for simple cracks, measured  $J$ -integrals are path-independent. We find  
 520 that throughout this entire complex scenario,  $G$  remained constant (Fig. 5a-  
 521 right). We note that values of  $G$  calculated via the 2D contours are valid, so  
 522 long as the contours are sufficiently far from the crack front to enable any  
 523 fluctuations in  $z$  of the strain fields to be negligible. Moreover, the value of  
 524  $G$  entirely determined which value of  $v$  the simple crack acquired after the  
 525 jump;  $v = 0.023c_R$  corresponded precisely to the  $G(v)$  given in Fig. 3b.

526 As the mean propagation velocity increases, the complexity of the mo-  
 527 tion of faceted cracks generally increases; step reflection is more frequent (as  
 528 their motion in  $z$  scales with  $v$ ) and spontaneous step nucleation or even  
 529 spontaneous transitions to micro-branching may take place. The resulting  
 530 fluctuations in  $v$  become more frequent and highly erratic. Fig. 5b presents  
 531 a particular case of a faceted crack that initiated from a rough pre-crack  
 532 under a relatively high stretch,  $\lambda = 1.1$ . Very complex motion ensued, which  
 533 included both step motion and step-generated micro-branches (Kolvin et al.,  
 534 2017) that broke the up-down symmetry within fracture surfaces that occurs  
 535 when only steps propagate. With the generation, transitions, and death of  
 536 steps, the crack front’s motion became so strongly irregular that the crack’s  
 537 overall propagation direction changed. Despite these highly complex dynam-  
 538 ics, Fig. 5b demonstrates that  $G$  remained constant at every instant. Hence,  
 539 the global dissipation of these highly erratic crack fronts is invariant, even  
 540 though large variations and re-distributions of *local* energy dissipation fre-  
 541 quently took place.

542 Since steps have an inherently 3D structure, one may ask whether 2D  
 543 measurements, as described by Eq. (1), correctly evaluate the energy flux to  
 544 a highly complex 3D system. In light of the examples presented in Fig. 5,  
 545 it is puzzling why both the geometry and dynamics of a step-forming crack  
 546 front are so rapidly changing, despite the fact that the global value of  $G$   
 547 does not vary at all. How does the crack front adapt to maintain invariant  
 548 global energy dissipation? How does the local structure within the crack  
 549 front contribute to the energy dissipation? To address these questions, we  
 550 now examine the local behavior of a step-forming crack front using the 3D  
 551 measurement configuration.

### 552 3.4. Dissipative mechanisms of step-forming cracks

553 Analysis of faceted cracks containing a single step was achieved using the  
 554 experimental system described in Fig. 1b that enabled simultaneous mea-  
 555 surement of the dynamics and structure of in-plane crack fronts. These were  
 556 coupled with topographic measurements of the fracture surface formed by  
 557 their propagation. Fig. 6a illustrates the topology of a step (Kolvin et al.,  
 558 2018). The crack front is composed of two disconnected and overlapping  
 559 segments, a curved segment that partially overlaps a flat planar one. Both  
 560 segments propagate simultaneously, while the flat segment is always slightly  
 561 ahead of the curved one. Beyond the overlapping sections, the curved branch  
 562 connects to the flat one and terminates. The overlapped section is hidden  
 563 from view when viewing the fracture surface, but can be measured after sec-  
 564 tioning the fracture surface along planes of constant  $x$ . A photograph of a  
 565  $yz$  section of a typical step is presented in the lower panel of Fig. 6a, which  
 566 clearly illustrates the different planes that comprise a step’s structure. Kolvin  
 567 et al. (2018) demonstrated that each step generates a local increase in the  
 568 total crack front extension of  $\sim 1.4h_{step}$  that is formed by both the increase of  
 569 the instantaneous height,  $h_{step}$ , on the fracture surface of the curved branch  
 570 and the overlap width  $w_{step}$ , as shown in Fig. 6a. All of these contributions  
 571 lead to increased local energy dissipation that, consequently, gives rise to in-  
 572 plane deformation of the crack front profile; a local cusp-like shape (Kolvin  
 573 et al., 2018) as presented in Fig. 6a for a typical step, as it appears in our  
 574 experimental system.

575 We measured the  $h_{step}$  by means of profilometer scans of the fracture  
 576 surface. The variation of  $h_{step}$  along the fracture surface is shown in Fig. 6b.  
 577 Upon reflection from one of the free faces of the sample (e.g.  $z = 0$ ), the step  
 578 initiates from a height of about a few micrometers, grows as an approximate

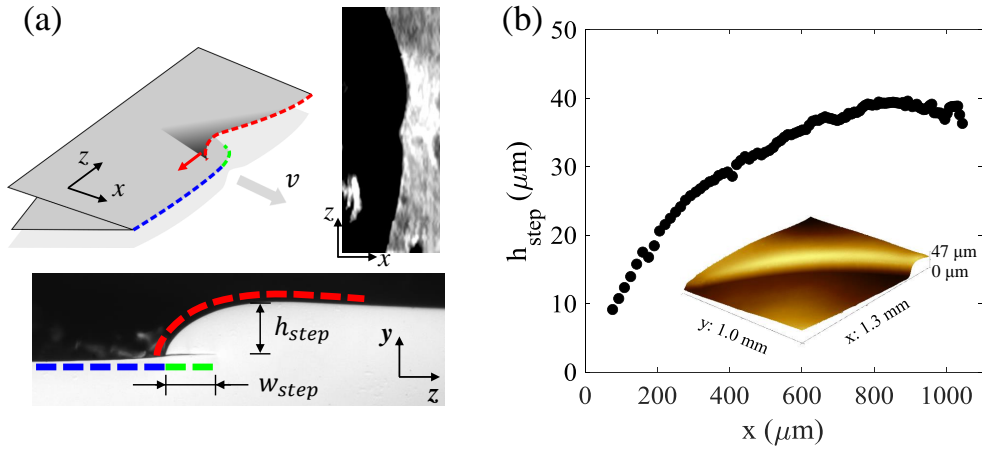


Figure 6: **Topography of steps.** (a), Formation of steps. Top: Steps are formed by a discontinuous, disconnected crack front that contains an upper branch (red line) that, after some overlap (green line), re-connects to the planar branch below (blue line) by sharply curving towards it. The step topologically retains its stability (Kolvin et al., 2018) as the planar branch always precedes the curved one. (right panel) As noted in Kolvin et al. (2018), this configuration forms a cusp-like front, when projected on the  $xz$  plane. A photograph of a typical cusp (by means of the configuration described in Fig. 1b) is presented. (bottom panel) A photograph in the  $yz$  plane of a typical step formed within a fracture surface. The ‘hidden’ overlapping section (green line), which lies beneath the curved branch (red line), is an extension of the planar branch (blue). Facets are formed as such steps progress along the  $z$  direction in the direction normal to the curved section. (b), The measured step height,  $h_{step}$ , as a function of its front propagation distance along  $x$  for a typical step. Once reflected, steps grow while propagating along the crack front.  $h_{step}$  stabilizes at a height of about  $40 \mu\text{m}$  (Kolvin et al., 2017). Inset: A 3D profilometer scan of a typical step.

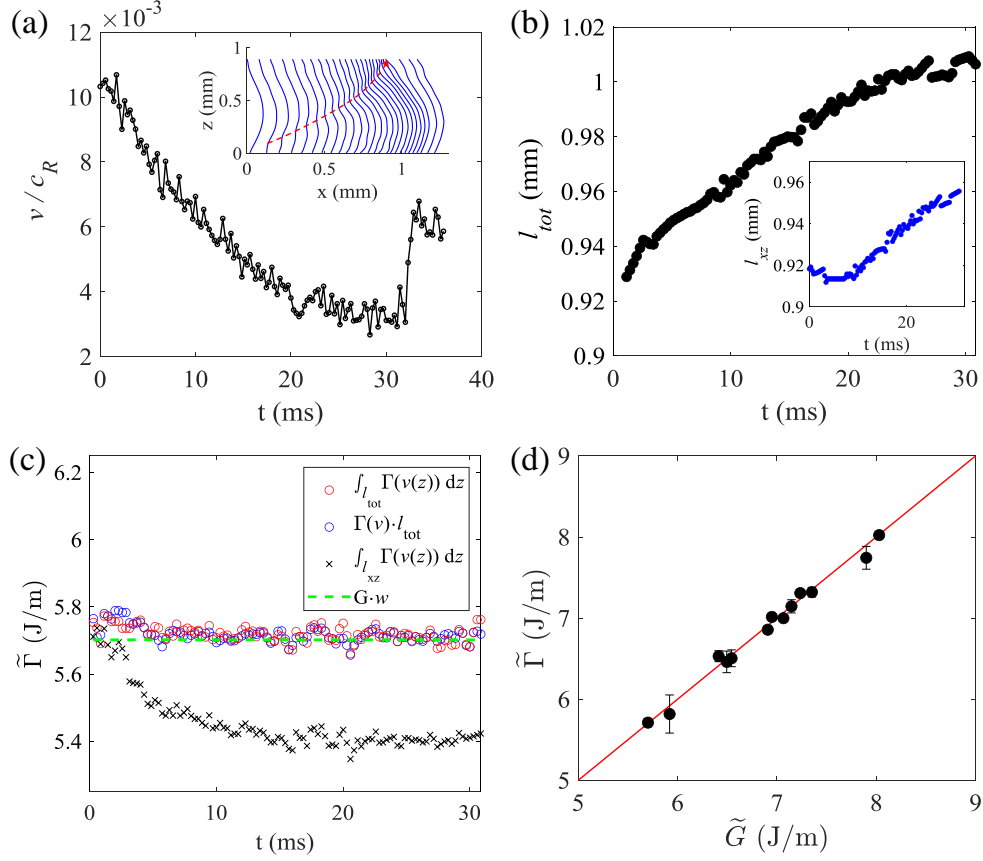


Figure 7: **Energy balance of a faceted crack.** (a), The total crack front speed decreases with the growth of a step. The dynamics of the step presented in Fig. 6b is analysed. Inset: The corresponding sequence of instantaneous crack front shapes (displayed at 1.43 ms intervals) that are formed by the growing step ( $0 < t < 36$  ms). (b), The total crack front length  $l_{tot} \equiv l_{xz} + 1.4h_{step}$ , where  $l_{xz}$  is the apparent front length, as projected onto the  $xz$  plane.  $l_{tot}$  continuously grows as steps increase their height. Inset: The corresponding variation of the in-plane crack front length,  $l_{xz}$ . (c), The total fracture energy,  $\tilde{\Gamma}$ , determined by  $\int_{l_{tot}} \Gamma(v(z)) dz$  (red symbols), when taking into account the dynamics and all of the geometric variations of the crack front. Note that  $\Gamma(v(z))$  is the fracture energy of *simple* cracks as presented in Fig. 3b, where we are using *local* velocities  $v(z)$ .  $\tilde{\Gamma}$  is invariant, and equal to the (constant) 3D energy flux  $\tilde{G}$  (green line) given by  $G \cdot w$ . The blue symbols correspond to the value of  $\tilde{\Gamma}$  calculated by the *mean* crack front speed  $v$ . The black symbols represent the *apparent* fracture energy that would be obtained, were we to consider only the in-plane crack front length  $l_{xz}$ . (d), Energy balance between  $\tilde{\Gamma}$  and  $\tilde{G}$  for numerous different propagating cracks, each incorporating a single step. The red line represents  $\tilde{\Gamma} = \tilde{G}$ .  $G$  was calculated by means of Eq. (1), which remains valid for contours sufficiently far from the crack front.

579 power law (Kolvin et al., 2017), and stabilizes at  $h_{step} \sim 40 \mu\text{m}$ . The process  
 580 generally repeats itself when the step encounters the other free surface (e.g.  $z$   
 581  $= w$ ). When the sample surface is bounded by air, step reflection is commonly  
 582 observed (see Fig.2b). Upon reflection, steps are inverted in orientation, lose  
 583 height, again starting from a  $h_{step}$  of a few microns, and propagate in the  
 584 opposite direction. When the free surface is, however, bounded by water, the  
 585 step is often not reflected, and disappears upon arrival at the free surface. We  
 586 believe that this step ‘death’ is the result of near-perfect acoustic transmission  
 587 at the boundary between the gel and water.

588 Fig. 7a presents the detailed dynamics of a step-forming crack front as  
 589 the step progresses from  $z = 0$  to  $z = w$ . The inset of Fig. 7a shows the  
 590 sequence of instantaneous in-plane ( $xz$  plane) crack front shapes separated  
 591 by a time interval of 1.43 ms. The step forms a locally concave front shape  
 592 and travels along the crack front. Its location is highlighted by the red dashed  
 593 arrow. The mean crack front speed  $v$ , determined by the average of the local  
 594 crack speeds in  $z$ , is found to continually decrease with the step’s growth.  
 595 In this example, the free surface is bounded by a water bath, and the step  
 596 ‘dies’ when it impinges on the free surface. Upon the death of the step, the  
 597 crack became a simple crack, with a typical curved front (see Fig. 4a) that  
 598 propagates with a nearly constant speed. The decrease in the crack front  
 599 speed is not the result of averaging in  $z$ ; the step caused the entire crack  
 600 front to decelerate. This is revealed by the progressively decreased spacing  
 601 between adjacent front positions presented in inset of Fig. 7a. Moreover,  
 602 during the motion of the step, the whole curvature of the in-plane front  
 603 shape continuously changed. Consequently, the length of the in-plane crack  
 604 front,  $l_{xz}$ , continuously increased as  $h_{step}$  grew (see inset of Fig. 7b). Using  
 605 the measurement of  $h_{step}$  (see Fig. 6b), the variation of the total crack front  
 606 length  $l_{tot}$ , given by  $l_{xz} + 1.4h_{step}$ , can be obtained, as shown in Fig. 7b.

607 With  $l_{tot}$  in hand, we can now define the total energy dissipation of the  
 608 entire crack front,  $\tilde{\Gamma}$ . This quantity, having physical dimensions  $J \cdot m^{-1}$ , is  
 609 calculated by summing the contribution of local energy dissipation  $\Gamma(v(z))$   
 610 for each point along the total extent,  $l_{tot}$ , of the crack front. This reads:

$$\tilde{\Gamma} = \int_{l_{tot}} \Gamma(v(z)) dz, \quad (6)$$

611 where  $\Gamma(v(z))$  is the fracture energy of a *simple* crack.  $\Gamma(v(z))$  was deter-  
 612 mined using the local crack speed and the *independent* measurement of the  
 613 fracture toughness provided in Fig. 4b. Since the overlapping structure of the



614 step is coupled with the in-plane cusp of the crack front and moves at speed  
 615  $v_{cusp}$ ,  $\tilde{\Gamma}$  in Eq. (6) is given by  $\int_{l_{xz}} \Gamma(v(z))dz + 1.4h_{step} \cdot \Gamma(v_{cusp})$ . The result  
 616 of  $\tilde{\Gamma}$ , measured at each instant shown in Fig. 7a, is presented in Fig. 7c (red  
 617 symbols). The figure shows that the total energy dissipated by the whole  
 618 crack front is invariant during the growth and motion of the step. Since  
 619 the local normal speed  $v(z)$  of the step-forming crack front weakly fluctuates  
 620 around its mean value,  $v$ , we can also approximate  $\tilde{\Gamma}$  using the mean crack  
 621 front speed:  $\tilde{\Gamma} \approx \Gamma(v)l_{tot}$ . As shown in Fig. 7c, the value of  $\tilde{\Gamma}$  calculated  
 622 in this way is nearly indistinguishable from that calculated using the local  
 623 crack front speed  $v(z)$ . The invariance of  $\tilde{\Gamma}$  is not trivial; it takes place de-  
 624 spite the continuous development of the step, which significantly alters both  
 625 its shape and crack dynamics. Furthermore, since  $l_{tot}$  is correctly taken into  
 626 account, the energy balance of the 3D crack front is retained; the value of  
 627  $\tilde{\Gamma}$  is precisely equal to the total energy flux into the crack front  $\tilde{G} = G \cdot w$ ,  
 628 where  $G$  represents the energy flux far away from the crack, determined by  
 629 the speed of the steady-state propagation of the crack using Fig. 3b.

630 For comparison, we also present the energy dissipation that is obtained  
 631 were we not to consider the increased crack lengths induced by the step in  
 632 Fig. 7c. The discrepancy with  $\tilde{\Gamma}$  underscores the fact that all of the varia-  
 633 tions in crack dynamics and crack geometries must be taken into account.  
 634 Without accounting for all of the crack front variations imposed by a step,  
 635 the constancy of  $\tilde{\Gamma}$  for constant  $G$  would not be apparent, for the typical ex-  
 636 ample presented in Fig. 7c. More generally, the equality of  $\tilde{\Gamma}$  and  $\tilde{G}$  is shown  
 637 to be generally valid in Fig. 7d, where  $\tilde{\Gamma}$  is compared with  $\tilde{G}$  for numerous  
 638 different step-forming cracks.

#### 639 4. Discussion

640 Special attention must be drawn when any dissipative mechanism breaks  
 641 the invariance in  $z$  that is necessary for effectively 2D behavior. Upon any  
 642 change of the local dissipation, crack fronts may undergo significant changes  
 643 in dynamics, geometry, and even topology, while still retaining global energy  
 644 balance. A particular example is the presence of steps; conserving energy  
 645 balance while not being described by 2D LEFM. Examples of this can be  
 646 seen in the sharp jumps of the local velocity despite a constant  $G$ , both upon  
 647 step reflection from free boundaries (Fig. 2) and the transition from stepped  
 648 cracks front to simple cracks (e.g. Fig. 7a). Below we discuss a number of  
 649 phenomena that have been clarified by this study.

650 *Incorporating crack front structure for slow cracks:*

651 Once the ‘bare’ fracture energy  $\Gamma(v)$  is known (e.g. Fig. 3b), our results  
652 suggest, at least for slow fracture in 3D isotropic materials, that geometric  
653 considerations of crack fronts are all that is required for calculating the frac-  
654 ture energy. The opposite is also true; if one performs such a comparison,  
655 and empirically finds that energy balance is not conserved, then there is a  
656 strong likelihood that some aspect of the geometrical crack front structure  
657 has been missed. Tanaka et al. (2000) understood this point and incorporated  
658 crack surface roughness of faceted cracks in their estimates for  $\Gamma(v)$ . As Fig.  
659 7 however shows, simply incorporating the surface roughness is insufficient.  
660 The true determination of  $\tilde{\Gamma}$  depends critically on the details of the crack  
661 front state; both the crack’s out-of-plane structure as well as its curvature  
662 and length must be taken into account. Without doing this, any apparent  
663 ‘characteristic’ dissipation that would result from naive 2D energy balance  
664 would lead to significant errors. Such misinterpretation could lead to dis-  
665 crepancies or effective ‘state dependence’ in perceived values of  $\Gamma(v)$  as well  
666 as ‘effective’ dissipation of the 2D problem that are inconsistent with crack  
667 dynamics (as could be interpreted from the in-plane calculation in Fig. 7c).

668 *Incorporating crack front structure for dynamic cracks:*

669 Once a crack becomes strongly dynamic (e.g.  $v > 0.5C_R$ ) then inertial  
670 effects become important and purely geometrical contributions to  $\tilde{\Gamma}$  must be  
671 supplemented by dynamic ones. In this vane, Sharon and Fineberg (1999)  
672 showed that, for rapid dynamic cracks undergoing micro-branching (and conse-  
673 quent crack speed fluctuations), the application of energy balance to predict  
674 the mean crack speed (even while incorporating all of the additional surface  
675 created by the extensive micro-branches in  $\Gamma(v)$ ) is not sufficient to determine  
676 the equation of motion for the resultant mean crack velocity. This same study  
677 showed that only the crack speed of instantaneously *simple* crack states (for  
678 which the inertial contributions are correctly incorporated by LEFM) could  
679 correctly evaluate  $\Gamma(v)$  of the material.

680 *Local Energy Balance:*

681 In this work, we have measured the local energy dissipation  $\Gamma(v(z))$  along  
682 the crack front and the total energy flux  $G$  into the full crack front to probe  
683 the global energy balance  $\tilde{\Gamma} = \tilde{G}$ . While we have not directly demonstrated  
684 *local* energy balance, we believe that this property can be inferred from our

685 measurements. Our experiments have demonstrated that energy balance is  
686 maintained in *each* moment in time, regardless of the instantaneous crack  
687 front length or step position and amplitude. The result that global energy  
688 balance holds for the numerous arbitrary and continuously varying crack front  
689 shapes and dynamics that were sampled, therefore, constitutes a proof that  
690 *local* energy balance  $\Gamma(v(z)) = G(v, z)$  at each point along the crack front  
691 also takes place. This result has been implicitly assumed in many previous  
692 studies, when non-planar fronts have been considered, but this assumption  
693 had never been explicitly verified. Local energy balance was suggested by  
694 the work of Chopin et al. (2011), who used Gao and Rice’s first-order pertur-  
695 bation analysis of the crack front (Gao and Rice, 1989) to demonstrate that  
696 local energy balance provides a good explanation of the crack front profile  
697 when a crack moves along the boundary formed by a manufactured jump in  
698 fracture energy. Kolvin et al. (2018) later used this analysis to quantitatively  
699 describe the shape of a crack front resulting from a propagating step.

700 *Generality of the results:*

701 Here, we have focused on the overall structure of stepped crack fronts  
702 in polyacrylamide gels. The structure and influence of these steps may be  
703 similar to the mechanisms that give rise to observed faceted fracture sur-  
704 faces in other brittle amorphous materials. Well known phenomena include  
705 ‘lance-like’ or ‘twist-hackle’ structures in glass (Sommer, 1969; Hull, 1999),  
706 and faceted fracture surfaces in gelatin (Baumberger et al., 2008; Pham and  
707 Ravi-Chandar, 2016) and Homalite H-100 (Pham and Ravi-Chandar, 2014,  
708 2016). Facets in such amorphous materials should be qualitatively different  
709 than the faceted fracture surface in brittle crystalline materials, as the latter  
710 is formed by deflected crack fronts propagating along multiple crystal planes  
711 (Kermode et al., 2008). Despite any differences in the physical natures of  
712 facets, the necessity of accounting for crack front structure is generally true  
713 in any analysis of energy balance. For example, we have seen in Fig. 4 that  
714 even for the ‘trivial’ case of simple cracks, the crack front structure (crack  
715 front curvature) should be taken into account to provide precise values for  $\Gamma$ .

716  
717 While this work has clarified much of the influence of secondary structure  
718 on crack front dynamics, many questions still remain. Below, we note a  
719 number of important unresolved issues.

720 *Stability and Bistability:*

721 We have found that the formation of simple cracks at low speeds critically  
722 depends on the imposed initial and loading conditions. Once formed, simple  
723 cracks remain surprisingly stable. On the other hand, at ‘zero’ velocity, very  
724 slight anti-planar perturbations of the initial crack or slight mode mixity  
725 in the loading will cause simple cracks to lose stability and excite stepped  
726 cracks. Once excited, the stability of steps in gels is maintained, as Kolvin  
727 et al. (2018) have shown, because of the step topology. At intermediate  
728 velocities (e.g.  $v \sim 0.1c_R$ ) simple cracks become, apparently, much more  
729 stable than faceted cracks; empirically, stepped fronts generally transition to  
730 simple cracks for sufficiently large  $v$ . Thus, bistability is lost. The mechanism  
731 driving this transition is still unknown.

732 *Anisotropic Materials:*

733 Determination of the fracture energy using solely geometric considera-  
734 tions may not be true for ductile materials like anisotropic metallic alloys  
735 (Pineau et al., 2016). The crack fronts in these materials are usually com-  
736 plex and even subtle details of the mode of fracture (e.g. plane strain vs.  
737 plane stress) may well give rise to different values of the fracture energy  
738 (via e.g. the local selection of different local fracture planes). These mate-  
739 rials may therefore undergo complex and stress-direction related dissipative  
740 mechanisms (Garrison Jr and Moody, 1987) that are more complex than the  
741 simple geometrical considerations that hold for isotropic materials, such as  
742 gels. Such complexity could also invalidate the measure of  $G$  by the use of  
743  $J$ -integral measurements performed on a single material plane or free surface,  
744 such as those utilized in our experiments.

745 *Validity of the 2D  $J$ -integral to 3D systems:*

746 Even in effectively 2D systems, the accuracy of the  $J$ -integral is based on  
747 the fact that all of the dissipative mechanisms are confined to the near-tip  
748 region. This, for example, may not be the case when mechanisms such as  
749 poro-viscosity are significant (Baumberger et al., 2006; Noselli et al., 2016).  
750 In such cases, where significant bulk dissipation occurs (Bouklas et al., 2015;  
751 Yu et al., 2018), path *dependence* will yield non-trivial information about  
752 material properties. In our case, the path independence of our measurements  
753 (see Fig. 3a) implies, for example, that (for the composition of polyacrylamide  
754 gels that we used) poro-viscous contributions can indeed be neglected.

755 For non-simple crack fronts, if a contour approaches the crack front too  
756 closely, the 2D  $J$ -integral will no longer be an accurate measure of the strains  
757 surrounding the crack front as translational invariance along  $z$  is lost. Care  
758 should then be taken to ensure that interpretations obtained by such 2D  
759 calculations are valid; calculations must only be performed at distances such  
760 that the crack front structure does not significantly affect the  $z$  variation of  
761 the fields far from the crack front.

762

763 *Properties of Steps:*

764 Many properties of crack front steps remain unresolved. These include  
765 how their steady-state height is determined, which for the gels used in these  
766 experiments is  $h_{step} \sim 40 \mu\text{m}$ . In these polyacrylamide gels, steps always  
767 grow upon nucleation or decay upon merging until stabilizing at  $h_{step} \sim 40$   
768  $\mu\text{m}$ . What is the significance of this  $40 \mu\text{m}$  scale? Kolvin et al. (2018) con-  
769 jectured that once a step emerges, the curved section, by generating a small  
770 anti-planar perturbation, produces a significant repulsion from the straight  
771 branch (Melin, 1983; Schwaab et al., 2018). As branch separation should lead  
772 to a decrease in repulsion strength, it was conjectured that the separation  
773 distance of the two branches forming a step should stabilize at the distance  
774 corresponding to when the repulsion balances the attraction. As such, the  
775 stable height of the step may be an intrinsic property, independent of the ma-  
776 terial properties, but dependent on a scale such as the size of the overlapping  
777 section between the two fracture planes that form a step. This, however, has  
778 yet to be demonstrated and, of course, is related to the complex 3D spatial  
779 structure of crack front steps, which itself remains a theoretical/numerical  
780 challenge.

781 *What determines the dynamic behavior of  $\Gamma$ ?*

782 Our measurements of  $\Gamma$  for *simple* cracks even in ‘*simple*’ isotropic mate-  
783 rials such as the elastomers used here, raise additional questions about the  
784 role of the internal structure of polymers during the fracture process. For  
785 example, why do elastomers have such a strong and monotonically increasing  
786 fracture energy dependence for low values of  $v$ ? One might expect that the  
787 opposite would take place; prior to any crack extension due to fracture of the  
788 material, the tangled polymer chains that make up a gel, if given sufficient  
789 time (small  $v$ ) should undergo large elongation and alignment, as well as  
790 internal friction of the polymer strands (Yang et al., 2019; Baumberger and

791 Ronsin, 2020). In this picture, many of these dissipative processes would,  
792 conceivably, not have time to develop at high values of  $v$ , so that naively  
793 one might expect the fracture energy to *decrease* with  $v$ . As Figs. 3 and 4  
794 demonstrate, this is obviously a wrong (or, at least, incomplete) picture. A  
795 quantitatively accurate description of how this class of materials does break,  
796 poses (in our view) an interesting challenge. If the large growth of  $\Gamma$  is due,  
797 in some way to the internal structure of the elastomers used here, one might  
798 expect to obtain the same behavior for other polymers as a function of  $v$ .  
799 While this is an important question, there is, currently, insufficient informa-  
800 tion to perform such a comparison.

801

802 In conclusion, we have shown here that energy balance is indeed valid  
803 but *only* when all of the geometric and dynamic variations of the 3D crack  
804 front are quantitatively accounted for. Thus, hidden structure can, indeed,  
805 trigger unexpected consequences and, often counter-intuitive, dynamic be-  
806 havior. The results of this study may have numerous implications to both  
807 our fundamental understanding of fracture and resulting material properties  
808 such as fracture toughness. We have shown that even for the very ‘simple’  
809 case of the fracture of a brittle material at quasi-static speeds (where inertial  
810 effects are negligible), internal structure of cracks (or their internal ‘state’)  
811 will play a crucial role in determining both fracture dynamics and ‘effective’  
812 fracture toughness. Realizing this is critically important to our interpretation  
813 of observations in seemingly simple physical situations.

## 814 5. Acknowledgement

815 M.W. and J.F. gratefully acknowledge the support of the Israel Sci-  
816 ence Foundation, grant #840/19. This work was supported by the Inter-  
817 national Research Project ‘Non-Equilibrium Physics of Complex Systems’  
818 (IRP-PhyComSys, France-Israel). M.A.-B. and M.W. acknowledge the sup-  
819 port of the Lady Davis Fellowship Trust. J.M.K acknowledges SNSF grant  
820 no. 200021\_197162.

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